**Tobacco Prevention Presentations** developmentally appropriate information for K-12th to educate students about health, social & legal consequences of using tobacco products.

"Alcohol Literacy Challenge" an Underage Drinking Prevention Curriculum. The Challenge draws from the latest research to deliver the only media literacy lessons proven to reduce alcohol consumption. This 90-minute curriculum features a fun, interactive game that teaches students how beliefs about drinking are created by advertising, and challenges the power of those beliefs. This curriculum can be taught in two 45 minute classes, and can be adapted for either a middle school or high school audience.

"Myths or Facts" Prescription
Drugs, OTC, and Inhalant Presentation for 5th-8th grades. Community
members including a pharmacist,
nurse, and Williamson County Juvenile Probation Officer join an ATOD
Prevention Specialist to provide insight and education to students concerning the health and legal consequences of abusing prescription drugs,
over-the-counter drugs and inhalants.
This presentation is designed to be 45
minutes but can be formatted to fit any
venue or time constraint.



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# PREVENTION PRESENTATIONS

MIDDLE SCHOOL & HIGH SCHOOL









### PREVENTION PRESENTATIONS

These presentations are designed to be 45 minutes each, but can be changed to fit your needs.

## Alcohol, Tobacco, and Other Drugs Totally Disgusting Tobacco Gross Out Video

This video shows the vile and disgusting possible side effects of tobacco addiction, reminding students of the harmful and deadly potential of nicotine. (MS/HS)

### **Everything You Need to Know about Substance Abuse in 22 Minutes**

This program offers kids & teens the facts about drug use: it can damage the brain, cause serious illnesses, they are among the highest addictive substances in the world, and one overdose can kill. (MS/HS)

#### **Huffing: The Latest Facts**

This video features teens fighting their abuse of inhalants as well as two families who lost children due to inhalant abuse, and also gives scientific information about the effects of huffing on the body. (MS/HS)

#### Marijuana Papers: Research Update

This program documents how marijuana changes the adolescent brain, impairing the brain's ability to perform complex tasks and, in some cases, proving to be powerfully addictive. (MS/HS)

#### The Myths of Marijuana Debunked

Many kids believe incredible lies about marijuana use and its effect on the body, and this program addresses the actual truth, supported by the latest scientific facts and statistics. (MS/HS)

### Top Ten Myths About Alcohol & Drugs

Students learn about common substance myths, and the harmful effects of those substances on one's body. (MS/HS)

### Natural Highs and the Truth about So-Called "Natural" Drugs

This program attacks the notion that "natural," or plant-based drugs like marijuana and peyote, have limited negative side effects on the body by showing scientific evidence to the contrary. (MS/HS)

### Rushing, Crashing, Dying: the Meth Epidemic

Documentary-style video interviews law enforcement, ER doctors, social workers, and recovering addicts to show the horrors of meth abuse. (MS/HS)

### **Tobacco and Death: Perfect Together**

Documentary interviews of real people whose lives have been negatively affected by tobacco helps deliver a powerful no-use message to viewers. (HS)

#### **Abusing Over-the-Counter Drugs**

This highly informative video explores the most common abuses of OTC drugs and uncovers the damages of such abuse. (MS/HS)

#### **Social Skills**

#### Making Good Choices: Keys to Good Decisions

This video gives students new strategies and empowers them to wisely address big choices (like whether to drink, smoke, cheat on a test or tell on a friend). (MS)

### **Solving Conflicts with Parents, Teachers & Peers**

Viewers get ideas from real teens on dealing with common issues by imagining other points of view, showing respect for authority, and taking time to collect their thoughts. (MS)

#### Standing Tall: Learning Assertiveness Skills

Kids get advice on how to respond to teasing, bullying, and peer pressure by speaking up for themselves and maintaining their values in a calm and respectful way. (MS)